

University of Pretoria Yearbook 2019

Human movement studies and sport management 222 (JMB 222)

Qualification Undergraduate

Faculty [Faculty of Education](#)

Module credits 10.00

Programmes [BEd Intermediate Phase Teaching](#)

[BEd Senior Phase and Further Education and Training Teaching](#)

Prerequisites JMB 112 and JMB 122

Contact time 2 lectures per week

Language of tuition Afrikaans and English are used in one class

Department Humanities Education

Period of presentation Semester 2

Module content

Sport injuries and posture deviations - demarcation and terminology. General principles for prevention and treatment of sport injuries. Posture development and the influence of proper habits in the development of a good posture. Identification and pathology of specific deviations. A theoretical and practical perspective on control as the final phase of the management process in sport to ensure the success of the management process is emphasised.

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